



Summer Class Schedule May 2019 — August 2019

SUMMER CLASS SPECIALS

2 for 1

Register for any class on the current schedule (through August 2019) and two students can attend for the price of one! Registration must be completed and payment must be received by Sunday, April 28, 2019. **For online registration, add two "items" to your cart for two students and enter coupon code TWOFRIENDS at checkout.**



Pick Three Class Package

Register for three or more classes on the current schedule (through August 2019) and take 50% off the entire package. Registration must be completed and payment must be received by Sunday, April 28, 2019. **For online registration enter coupon code THREEFLOWERS at checkout.**

May

Nourish Your Skin: Make Your Own Lotions & Creams

Sat 5/4 9:00a - 11:00a

Instructor: Suzanne Teachey - Cost: \$30

A Naturopathic Approach to Inflammation

Sat 5/11 9:00a - 11:00a

Instructor: Dr. Emilie Wilson, ND, LAC, - Cost: \$30

DIY Summer Fun: Natural Sun & Bug Protection

Sat 5/18 9:00a - 11:00a

Instructor: Tiffany Black - Cost: \$30

Backyard Dyes

Sun 5/19 10:00a - 1:00p

Instructor: Brit Hessler - Cost: \$50

Citrus Essential Oils & Therapeutic Uses

Sat 5/25 10:00a - 11:30a

Instructor: Sue Jordan, RN, BAN, CCAP - Cost: \$30

June

A Naturopathic Approach to Brain Health

Sat 6/8 9:00a - 11:00a

Instructor: Dr. Emilie Wilson, ND, LAC, - Cost: \$30

Herbal Summer Camp for Kids

Wed 6/5, 6/12 & 6/19, 10:00a—11:30a

Instructor: Tiffany Black - Cost: \$30 per week

Native Medicinal Plants of Arizona

Sat 6/15 9:00a - 11:00a

Instructor: Suzanne Teachey - Cost: \$25

Hydrosols ~ A Complement to Essential Oils

Sat 6/22 10:00a - 11:30a

Instructor: Sue Jordan, RN, BAN, CCAP - Cost: \$30

The Lavender Experience at Skull Valley Lavender Farm

Sun 6/23 9:00a - 12:00p

Instructors: Will Duncan & Suzanne Teachey - Cost: \$49

Tinctures & Glycerites: Make Your Own Extracts

Sat 6/29 9:00a - 11:00a

Instructor: Suzanne Teachey - Cost: \$30

Herb Club ~ Ashwagandha

Sun 6/30 9:00a - 11:00a

Instructor: Tiara Leitzman - Cost: \$30

ONLINE REGISTRATION at WWW.NECTARAPOTHECARY.COM

For detailed class descriptions, go to www.nectarapothecary.com. Register online, call (928-445-4565) or email us: info@nectarapothecary.com. Walk-ins are welcome, but space is limited. Advanced registration is recommended.



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July

A Naturopathic Approach to Leaky Gut

Sat 7/13 9:00a - 11:00a

Instructor: Dr. Emilie Wilson, ND, LAc, - Cost: \$30

Parent + Child Medicinal Plant Walk

Thur 7/18 10:00a - 11:30a

Instructor: Tiffany Black - Cost: \$40 for 2

Essential Oils During Hospitalization

Sat 7/20 10:00a - 11:30a

Instructor: Sue Jordan, RN, BAN, CCAP - Cost: \$30

Herbs & Practices for Supporting Grief

Sun 7/21 9:00a - 11:00a

Instructor: Dani LaVoire - Cost: \$30

Medicinal Plant Walk

Sat 7/27 9:00a - 11:00a

Instructor: Suzanne Teachey - Cost: \$25

Herb Club ~ Wild Oats

Sun 7/28 9:00a - 11:00a

Instructor: Tiara Leitzman - Cost: \$30

The Naturopathic Series

Inflammation
Saturday, May 11

Brain Health
Saturday, June 8

Leaky Gut
Saturday, July 13

Cancer Prevention
Saturday, August 24

August

Cyanotype Nature Walk

Sat 8/3 10:00a - 11:30a

Instructor: Brit Hessler - Cost: \$30

All Things Lavender: Lavender Crafting at Skull Valley Lavender Farm

Sun 8/4 9:00a - 12:00p

Instructors: Will Duncan & Suzanne Teachey - Cost: \$49

Medicinal Plant Walk

Thur 8/8 9:00a - 11:00a

Instructor: Suzanne Teachey - Cost: \$25

Align with Nature: Fall Seasonal Practices For Energy & Vitality

Sat 8/10 9:00a - 11:00a

Instructor: Rachel Peters, MA, Health Coach - Cost: \$30

Chakra Balancing with Essential Oils

Sat 8/17 10:00a - 11:30a

Instructor: Sue Jordan, RN, BAN, CCAP - Cost: \$30

A Naturopathic Approach to Cancer Prevention

Sat 8/24 9:00a - 11:00a

Instructor: Dr. Emilie Wilson, ND, LAc, - Cost: \$30

Herb Club ~ Yarrow

Sun 8/25 9:00a - 11:00a

Instructor: Tiara Leitzman - Cost: \$30

Topical Skincare Basics: Lip Balm, Salve & Body Butter

Sat 8/31 9:30a - 11:00a

Instructor: Tiara Leitzman - Cost: \$30



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